



PSIA-AASI National Adaptive Academy

Hosted by The Hartford Ski Spectacular
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Clinic Reminders

Clinic Topic: Intellectual Diagnoses: Successful Lessons for Guests and Instructors (General Session Course)

Liz Leipold: lize_l@yahoo.com

- ❖ Intellectual Disability is not a single, isolated disorder.
- ❖ An intellectual disability originates before the age of 18 and is characterized by significant limitations both in intellectual functioning and in adaptive behavior.
- ❖ Intellectual functioning encompasses limitations in reasoning, learning and problem solving, adaptive behavior (life skills) in more than one setting

Objectives

- *Intellectual Diagnoses*
- *Assessing Physical and Cognitive strengths/needs*
- *Behavior management strategies*
- *Safety*
- *Teaching methodologies*
- *Skill development activities*
- *Visual Supports*
- *Physical supports*

Predictability

- *Use consistent rules that are clear and concise*
- *Prepare for changes to transitions, new activities or new terrain*
- *Provide structure with routines*

References

- American Association on Intellectual and Developmental Disabilities (www.aamr.org).
- Centers for Disease Control and Prevention. (n.d.). *Intellectual disability fact sheet*. Retrieved August 9, 2012, <http://www.cdc.gov/ncbddd>
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- Fouse, Ph.D. & M. Wheeler, M. Ed., (1997). *A Treasure Chest of Behavioral Strategies*. Future Horizons.
- National Institutes of Health: www.nih.gov
- Professional Ski Instructors of America & American Association of Snowboard Instructors. *Core Concepts for Snowsports Instructors*. 2001